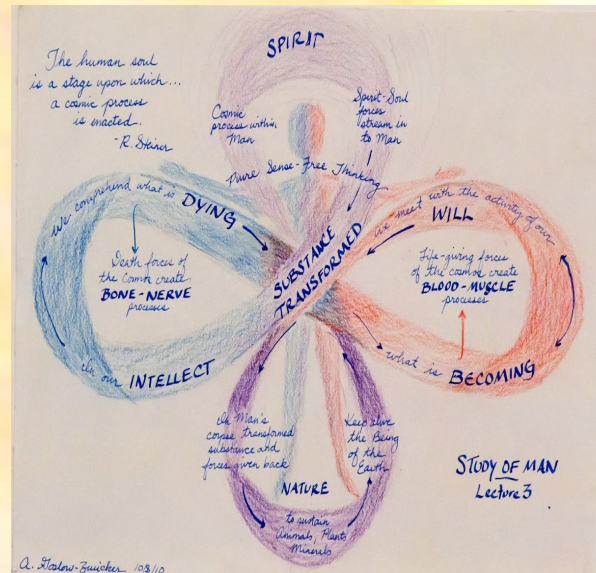


Art by Rudolf Steiner

quote



Healing through Art

With Pamela Whitman,
Ken Smith
and Dr. Carmen Hering

June 17 – 21, 2019

Register

www.bacwtt.org

tiffany@bacwtt.org

(415) 479-4400



BAY AREA CENTER
FOR WALDORF
TEACHER
TRAINING

Cost: \$400

Marin Waldorf School

755 Idylberry Road,
San Rafael, CA 94903

Explore the essential aspects of healing through the visual arts.

Painting, Drawing, Sculpture

Artistic work brings us into closer connection with ourselves. It opens and reveals our inner world in the colors, forms, tones and lines that we create. Our outward expression shows us to ourselves and allows us to see, to adjust, to balance and harmonize.

Art is healing when the archetypal lawfulness of the medium, and the integrity of the creative process is able to enter and work upon the human constitution. Artistic work can serve the healing process through the engagement of the self in life giving forces.

This week long course is intended to introduce participants to the essential practices and ideas behind the Anthroposophical visual arts therapies. This is also an opportunity to explore possibilities for further visual arts therapy training in California.



Healing through Art June 17-21, 2019 Program

8am Choir with Christiaan Boele

8:30 Light and Dark with Pamela Whitman

10:00 *Morning Snack*

10:30 Sculpture with Ken Smith

12:40 *Lunch Break*

1:45 Painting with Pamela Whitman

3:45 Anthroposophical Medicine with Carmen Hering

5:00 Conclusion of the day



Course Leaders

Pamela Whitman, M.A., received her B.S. from MIT, where she studied both science and humanities. She participated in the Light, Color and Darkness Painting Therapy in Holland and received her certification from the Medical Section at the Goetheanum. Her career and interests span the fields of science, art, spirituality, consciousness, psychology, healing and education, all of which she incorporates as a therapist, international adult educator and painter.



Ken Smith, is the Director of BACWTT. He studied at Emerson College, England and completed his training in sculpture and the visual arts with practices in pedagogical and therapeutic work. After working in Waldorf Education he returned to Emerson College as Course Leader of the 3 year Visual Arts and Sculpture Training program. He has been active internationally in Anthroposophical art, Waldorf education and developing the healing aspects of art for over 25 years.



Dr. Carmen Hering, integrates Anthroposophic Medicine with Osteopathic and Family Medicine in her private practice in Albany, CA. She has served as adjunct faculty at Touro University College of Osteopathic Medicine, serves as faculty for the International Physician Medical Training (IPMT) for Anthroposophic Medicine and teaches at the Bay Area Center for Waldorf Teacher Training. Her children are learning in a Waldorf school.

